



Time to switch off....

**Thank you! Now leave
work at the door.
You've done a great job!**

52%

of healthcare staff
regularly get less than six
hours sleep per night



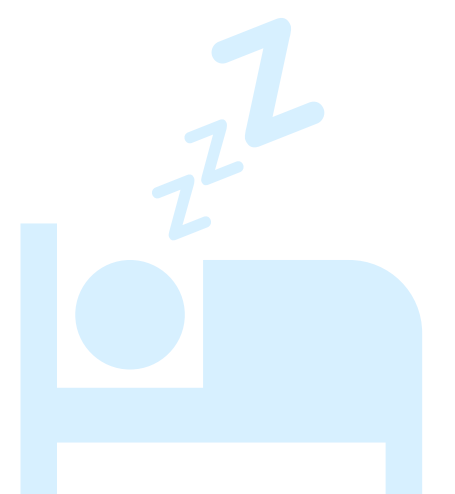


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